




**AYODEOA**  
International



**aglesmind**  
Discussion

# Goal Setting Masterclass


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Goal Setting is a life planning mechanism that makes you win and become successful in life.

**No Goal-Setting = No Goal-Getting**



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1. It is the right thing to do
  2. It helps you stay focused on your dreams
  3. It helps you become disciplined with the use of your time and resources
  4. It helps you measure growth
  5. The absence of goals means you lack vision and purpose


# Why Goal Setting?





# 2 Kinds of Goals

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- 1. Short-term goals - Goals that fall within 12 calendar months.**
  - 2. Long-term goals - Goals above one year**
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# Goals for different aspects of life

1. Spiritual
2. Mental Development
3. Emotional well-being
4. Relationships
5. Finances
6. Career & Business
7. Physical Body
8. Service/Ministry
9. Fun and Recreation



# Goals for different roles in life

1. I am an individual
2. I have siblings
3. I have a career
4. I am a worker in Church
5. I have parents
6. I have friends
7. I have mentors
8. I have mentees



# Setting SMART Goals

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**SMART - criteria to  
guide in the setting  
of goals and  
objectives**

S - Specific

M - Measurable

A - Achievable

R - Relevant

T - Time Bound



# How to set and achieve Goals

1. Write down your goals - Use the SMART model
2. Know your 'why' for pursuing a goal
3. Arrange your goals in order of priority
4. Plan each goal by having action steps
5. Set a deadline for each goal's action steps
6. Pursue your goals by taking action
7. Do something every day that moves you toward your major goal - Develop Good Habits
8. Review and track your progress on a daily, weekly and monthly basis.
9. Visualise your goals everyday
10. Be flexible

# Case Study

Career Goal: I will become an employable Data Analyst by 31 July 2023

Action Plan:

1. Research online on what it takes to become a Data Analyst
2. Reach out to a mentor and learn about relevant skillsets and timeline
3. Buy Udemy courses on Microsoft Excel and Power BI
4. Learn and practice Microsoft excel for 1 hour every day from 2am to 3am, for 3 months. Replicate same for PowerBI.
5. Have weekly mentorship session with Mr. X who is in the field.
6. Subscribe to Data Analytics related channels on my Social media accounts eg YouTube, Facebook, Instagram
7. Work on a variety of projects on a weekly basis.
8. Start job applications after 3 months of practice.

# Thank You



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**Ayomide Akintayo**



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